

# DECCAN HEALTH CARE COMPREHENSIVE RANGE OF IMMUNITY OPTIMISATION NUTRACEUTICALS



## OPTIMAL IMMUNITY AMID COVID-19

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**Deccan  
Healthcare  
Limited**

**StayWoW**

**Since 1996,  
Deccan Health Care  
has been into  
Research &  
Development  
of Nutraceuticals**

**Deccan Health Care  
in its innovation hub  
has formulated a  
comprehensive  
range of Immunity  
Optimisation  
Nutraceuticals**



# IMMUNITY BOOSTING AMID COVID-19

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ONE THING THAT ALL EXPERTS CLEARLY AND UNAMBIGUOUSLY ACCEPT ABOUT COVID-19 IS THAT YOU NEED TO KEEP YOUR IMMUNITY STRONGER TO KEEP YOURSELF SAFE.

DECCAN  
HEALTH CARE  
PROVIDES  
IMMUNITY  
OPTIMISATION  
NUTRACEUTICALS  
FOR ALL AGES

But are you sure about the nutrient pills that will actually benefit you and how safe they are? Aiming to answer all these questions, this book aims to provide answers to the “what”, “why”, “when” and “how much” of the immunity boosters with modern (and Ayurvedic) science.



# Does an Immune-Boosting Diet Exist?

Eating enough nutrients as part of a varied diet is required for the health and function of all cells, including immune cells. Certain dietary patterns may better prepare the body for microbial attacks and excess inflammation, but it is unlikely that individual foods offer special protection. Each stage of the body's immune response relies on the presence of many micronutrients. Examples of nutrients that have been identified as critical for the growth and function of immune cells include vitamin C, vitamin D, zinc, selenium, iron, and protein (including the amino acid glutamine).

Diets that are limited in variety and lower in nutrients, such as consisting primarily of ultra-processed foods and lacking in minimally processed foods, can negatively affect a healthy immune system. It is also believed that a Western diet high in refined sugar and red meat and low in fruits and vegetables can promote disturbances in healthy intestinal microorganisms, resulting in chronic inflammation of the gut, and associated suppressed immunity.







## WHAT ARE IMMUNITY BOOSTERS?

**Immunity boosters are foods or nutrient pills that help to power up your immune system.**

A stronger immune system reduces your chances of falling sick due to infections. Additionally, if you do get sick, they might make your illness pass faster.

**Deccan Health Care's Immunity optimisation Nutraceuticals are not limited to current pandemic but help to stay disease free against many lifestyle diseases**

### THREE MAJOR TYPES OF IMMUNITY BOOSTERS:

- **Food and drinks:** Vegetables, fruits, nuts, etc.
- **Nutrient Pills:** Vitamins, minerals, amino acids, enzymes, micronutrients
- **Ayurvedic Pills:** Natural herbs and herbal extracts





**Cinnamon**  
Immune stimulator



**Tulsi**  
Has anti-inflammatory & immunity boosting properties



**Ginger**  
Antibacterial & anti-inflammatory



**Clove**  
Help ease infections & fight disease-causing bacteria in the body



**Black Pepper**  
soothe down a sore throat, reduce congestion, and also helps reduce inflammation in the body that helps reduce severe symptoms of an infection



**Turmeric**  
Helps to fight against viral replication



**Ashwagandha**  
Builds your immune system



**Giloy**  
Antioxidants powerhouse which fights free-radicals & diseases



 *Original First*  
**Deccan's**  
**Immunity Booster**

To the rescue!

An untimely case of the sniffles,  
stress or infection can really get in  
the way of things. Let's help you get  
the goods you need to support your  
immune system.







**PANDEMIC  
#COVID19**

## What Is Our Immune System?

On a daily basis, we are constantly exposed to potentially harmful microbes of all sorts. Our immune system, a network of intricate stages and pathways in the body, protects us against these harmful microbes as well as certain diseases. It recognizes foreign invaders like bacteria, viruses, and parasites and takes immediate action. Humans possess two types of immunity: innate and adaptive.

**Innate immunity** is a first-line defense from pathogens that try to enter our bodies, achieved through protective barriers. These barriers include:

- Skin that keeps out the majority of pathogens
- Mucus that traps pathogens
- Stomach acid that destroys pathogens
- Enzymes in our sweat and tears that help create anti-bacterial compounds
- Immune system cells that attack all foreign cells entering the body

**Adaptive or acquired immunity** is a system that learns to recognize a pathogen. It is regulated by cells and organs in our body like the spleen, thymus, bone marrow, and lymph nodes. When a foreign substance enters the body, these cells and organs create antibodies and lead to multiplication of immune cells (including different types of white blood cells) that are specific to that harmful substance and attack and destroy it. Our immune system then adapts by remembering the foreign substance so that if it enters again, these antibodies and cells are even more efficient and quick to destroy it.



# Other conditions that trigger an immune response

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**Antigens** are substances that the body labels as foreign and harmful, which triggers immune cell activity. Allergens are one type of antigen and include grass pollen, dust, food components, or pet hair. Antigens can cause a hyper-reactive response in which too many white cells are released. People's sensitivity to antigens varies widely. For example, an allergy to mold triggers symptoms of wheezing and coughing in a sensitive individual but does not trigger a reaction in other people.

**Inflammation** is an important, normal step in the body's innate immune response. When pathogens attack healthy cells and tissue, a type of immune cell called mast cells counterattack and release proteins called histamines, which cause inflammation. Inflammation may generate pain, swelling, and a release of fluids to help flush out the pathogens. The histamines also send signals to discharge even more white blood cells to fight pathogens. However, prolonged inflammation can lead to tissue damage and may overwhelm the immune system.

**Autoimmune disorders** like lupus, rheumatoid arthritis, or type 1 diabetes are partly hereditary and cause hypersensitivity in which immune cells attack and destroy healthy cells.

**Immunodeficiency disorders** can depress or completely disable the immune system, and may be genetic or acquired. Acquired forms are more common and include AIDS and cancers like leukemia and multiple myeloma. In these cases, the body's defenses are so reduced that a person becomes highly susceptible to illness from invading pathogens or antigens.





## BOOST IMMUNITY

### Which nutritional supplements are important to support your immune system?

During the flu season or times of illness, people often seek special foods or vitamin supplements that are believed to boost immunity. Vitamin C and foods like citrus fruits, chicken soup, and tea with honey are popular examples. Yet the design of our immune system is complex and influenced by an ideal balance of many factors, not just diet, it also requires the boost of nutrient pills to support the body.

a balanced diet consisting of a range of micronutrients, vitamins and minerals, proteins, combined with healthy lifestyle factors like adequate sleep and exercise and low stress, most effectively primes the body to fight infection and disease.



# WHAT FACTORS CAN DEPRESS OUR IMMUNE SYSTEM?

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- **Older age:** As we age, our internal organs may become less efficient; immune-related organs like the thymus or bone marrow produce less immune cells needed to fight off infections. Aging is sometimes associated with micronutrient deficiencies, which may worsen a declining immune function.
- **Environmental toxins** (smoke and other particles contributing to air pollution, excessive alcohol): These substances can impair or suppress the normal activity of immune cells.
- **Excess weight:** Obesity is associated with low-grade chronic inflammation. Fat tissue produces adipocytokines that can promote inflammatory processes. Research is early, but obesity has also been identified as an independent risk factor for the influenza virus, possibly due to the impaired function of T-cells, a type of white blood cell.
- **Poor diet:** Malnutrition or a diet lacking in one or more nutrients can impair the production and activity of immune cells and antibodies.
- **Chronic diseases:** Autoimmune and immunodeficiency disorders attack and potentially disable immune cells.
- **Chronic mental stress:** Stress releases hormones like cortisol that suppresses inflammation (inflammation is initially needed to activate immune cells) and the action of white blood cells. **Lack of sleep and rest:** Sleep is a time of restoration for the body, during which a type of cytokine is released that fights infection; too little sleep lowers the amount of these cytokines and other immune cells.





# Do Nutrient Pills or Ayurvedic Pills Help?

A deficiency of single nutrients can alter the body's immune response. Animal studies have found that deficiencies in zinc, selenium, iron, copper, folic acid, and vitamins A, B6, C, D, and E can alter immune responses. These nutrients help the immune system in several ways: working as an antioxidant to protect healthy cells, supporting growth and activity of immune cells, and producing antibodies. Epidemiological studies find that those who are poorly nourished are at greater risk of bacterial, viral, and other infections.

There are certain populations and situations in which one cannot always eat a variety of nutritious foods, or who have increased nutrient needs. In these cases a vitamin and mineral supplement may help to fill nutritional gaps. Studies have shown that vitamin supplementation can improve immune responses in these groups. Low-income households, pregnant and lactating women, infants and toddlers, and the critically ill are examples of groups at risk.



The elderly are a particularly high-risk group. The immune response generally declines with increasing age as the number and quality of immune cells decreases. This causes a higher risk of poorer outcomes if the elderly develop chronic or acute diseases. In addition, about one-third of elderly in industrialized countries have nutrient deficiencies. Some reasons include a poorer appetite due to chronic diseases, depression, or loneliness; multiple medications that can interfere with nutrient absorption and appetite; malabsorption due to intestinal issues; and increased nutrient needs due to hypermetabolic states with acute or chronic conditions. Diet variety may also be limited due to budget constraints or lower interest in cooking for one person; poor dentition; mental impairment; or lack of transportation and community resources to obtain food.

A multivitamin/mineral supplement providing the recommended dietary allowances (RDA) may be used in these cases.



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**Several herbal supplements and Ayurvedic Pills have been suggested to boost immune function. What does the research say?**

- **Haldi (Turmeric):** Boosts the immune system. The medicinal properties in turmeric may be able to boost the immune system, even in people with immune disorders.
- **Jeera (Cumin):** Jeera being an excellent source of iron besides potassium, helps in building one's immune system. Jeera is also very rich in antioxidants and helps in fighting free radicals and thereby lowers the risk of infections.
- **Tulsi (Basil):** contains a lot of antioxidants and micronutrients, which helps your immune system by protecting it from damage caused by free radicals. The herb is known to cure fever, help treat respiratory diseases such as asthma, and help wounds heal faster.
- **Dalchini (Cinnamon):** it can help you fight off those fall colds as an immune stimulator. Plus, it prevents blood platelet clumping, inhibits inflammatory substances, and can regulate blood sugar.
- **Lavang (Clove):** Cloves contain high amounts of antioxidants, which aid the immune system in fighting off oxidative damage and free radicals. Eugenol also has the ability to help ease infections and fight disease-causing bacteria in the body.



- **Giloy:** boost to your immune system stronger, considered effective in treating fever, helps in managing diabetes, makes your respiratory system stronger.
- **Ashwagandha:** Being a powerful adaptogen, it enhances the body's resilience to stress. Improves the body's defense against disease by improving the cell-mediated immunity. It also possesses potent antioxidant properties that help protect against cellular damage caused by free radicals.



# Tulsi

Eugenol (an essential oil) and ursolic acid are two of many active ingredients.



## How it may boost immunity?

Modern science view	Ayurvedic view
Acts as an adaptogen. An adaptogen is a natural substance that helps your body adapt to most types of physical, chemical, and metabolic stress	<ul style="list-style-type: none"><li>• Improves respiratory health due to <i>Kapha dosha</i> balancing properties</li><li>• Strengthens immunity through <i>Rasayana</i> property</li></ul>

# Turmeric

Curcumin is the active ingredient that imparts its yellow colour and health benefits.



## How it may boost immunity?

Modern Science View	Ayurvedic View
<ul style="list-style-type: none"><li>• Influences the function of infection-fighting cells, lymphocytes.</li><li>• Modulates the cross-communication between immune cells to achieve the desired immune status against infections.</li></ul>	Helps immune system due to its <ul style="list-style-type: none"><li>• Tri-doshic property of balancing <i>Kapha, Vata, and Pitta</i> doshas.</li><li>• <i>Rasayana</i> (rejuvenating) property.</li></ul>



# Giloy

Contains various active compounds such as alkaloids, glycosides, steroids and polysaccharides



## What is its role in immunity?

Modern science view	Ayurvedic view
Active components act against the inflammation-causing molecules in the body.	Improves immunity to fight foreign particles or organisms due to its <i>Rasayana</i> (rejuvenating) property.

# Ashwagandha

Withaferin-A and withanone are the major active ingredients responsible for immunity enhancing properties.



## How it may boost immunity?

Modern science view	Ayurvedic view
<ul style="list-style-type: none"><li>• Antioxidant and immunomodulatory role</li><li>• Predicted (not proven) to block viral proteins required for coronavirus replication in the human body</li></ul>	<ul style="list-style-type: none"><li>• Strengthens immunity by <i>Rasayana</i> (rejuvenating) property</li><li>• Improves respiratory health by balancing <i>Kapha dosha</i> in the body</li></ul>



**The world is experiencing an epidemic of lifestyle-related chronic disease. Data shows that lifestyle is the primary determinant of health or disease.**

**Unfortunately, our existing healthcare system emphasizes curative pills & procedures – which have many side effects – as the solution, enabling the management of symptoms, as opposed to identifying and eradicating the cause of disease.**

**The time for change is now!**

**Deccan Health Care's nutraceuticals are lifestyle correction Pills.**





**1** Original First

# Deccan's 7 Tulsi Satt Drops

**7** Tulsi Extracts in one with Tulsi Honey

God's Own Medicine

*Deccan's 7 Tulsi Satt*

## GOD'S OWN MEDICINE

**IMMUNITY BOOSTER – 100% Ayurvedic**

Deccan's 7 Tulsi Satt Drops combines the rich experience of Deccan with the goodness of seven special types of Tulsi and Tulsi Honey that are attributed with various health benefits. To protect yourself and your family from various viruses, pollution and untimely seasonal changes, take Deccan's 7 Tulsi Satt Drops, which naturally boost your immunity.

Throughout the world, Tulsi (also known as Holy Basil) popularly coined by Deccan Health Care "God's own medicine" and is revered as a sacred plant infused with healing powers.

Traditionally prayed to in an earthen pot in every family home or garden, Tulsi's remarkable life-enhancing qualities, repeatedly noted in ancient Indian scriptures dating back over 5,000 years, are now here for you to fully enjoy.

Deccan's 7 Tulsi Satt Drops has strong anti-inflammatory properties, helps reduce inflammation, lower the risk of heart problems, rheumatoid arthritis and inflammatory bowel conditions. A natural solution for a cough, Deccan's 7 Tulsi Satt Drops can help alleviate a cold by relieving chest congestions and alleviating inflammation in the airway caused due to allergies or infections. Tulsi is a rich source of antioxidants that can repair damage caused by free radicals and reduce stress caused by oxidants. The herb can help strengthen the immune system and may protect the body against infections, harmful bacteria, and viruses. This healthful and purifying blend of 7 special varieties of Tulsi balances your nervous system, offers clarity & calm to your mind and enhances overall physical & emotional well-being.



# SAFFRON

THE MOST  
EXPENSIVE HERB ON  
HERB ON EARTH





# DECCAN'S SONEHALDI

**UNIQUE FORMULATION  
MADE WITH SAFFRON  
THE MOST EXPENSIVE  
HERB ON HERB ON  
EARTH**

Improve immunity and your overall health. Unlike other haldi drops, this Ayurvedic immunity booster is formulated with all the goodness of not just Haldi but also Saffron. Saffron **“GOD’S GOLD FOR HEALTH & FITNESS”**. This product contains immunomodulatory (Rasayana), anti-inflammatory (Shothahar), analgesic (Shulahar), and blood purifying (Rakta shodhaka) properties. It helps treat skin disorders (Tvagroga), cough, cold and allergic rhinitis (Kasa, Pratishyaya and Pinasa).



Regular use of Deccan's SONEHALDI helps improve overall health and well-being. The modern use of turmeric in variable health benefits or healthy food preparations has been inspired from its traditional Ayurvedic herbal preparations since time immemorial for treating a number of general health issues. Due to its active compound Curcumin, it possesses antioxidant, anti-inflammatory, and antimicrobial properties which help in relieving a number of daily life health issues. Kesar is a Powerful Antioxidant, It May have Cancer-Fighting Properties. Its constant use makes skin flawless and glowing. It fights signs of ageing, wrinkles and other skin related diseases.







# CURCUMIN

**CURCUMIN HELPS UP IN BOOSTING UP THE IMMUNITY AND HELPS TO FIGHT AGAINST VIRAL REPLICATION.**

**REDUCES INFLAMMATION – CURCUMIN SUPPRESSES VARIOUS INFLAMMATORY MOLECULES WHICH ARE RESPONSIBLE FOR THE CAUSES OF THE DAMAGE BY VIRUSES**

**T**urmeric aids in making our immunity stronger, the main life-saving ingredient in turmeric is about 3-5 % of Curcumin; a phyto-derivative, which contains healing properties.

However, because of the low percentage levels in standardized turmeric powder, it is difficult to reap all benefits by just taking turmeric in small doses and thus supplements could be required.

- **Cold & Cough:** Curcumin helps the body naturally cleanse the respiratory tract, Turmeric helps fight the infection and it's antiinflammatory qualities relieve individuals from the direct impact of cold and flu.
- **Respiration:** People having bronchial problems like Sinsuits, Sinus and many faces a lot of problems due to lower immunity. Curcumin can be helpful in facing such problems and building up the immunity.
- **Upper Respiratory Tract Problems:** Inflammation constricts the airways and makes it difficult to breathe. This is often related to an exaggerated response by the immune system that leads to chronic inflammation and damage to lung tissue by free radicals. Curcumin inhibits inflammation, relieves congestion and pain and thus improves your breathing.
- **Boosts Immunity:** helps in boosting up the immunity and helps to fight against viral replication.
- **Reduces Inflammation:** Curcumin suppresses various inflammatory molecules which are responsible for the causes of the damage by viruses. It helps to reduce symptoms and provides relief.
- **Inhibit Viral Replication:** Exhibits all the antiviral properties by reducing the replication of the virus. Curcumin hence reduces the viral load.

TRENDING

# Deccan's Curcumin C3 Complex Plus

**Deccan's Curcumin C3 Complex Plus™ Nutrient Pills** contains 1100 mg of the highest-quality of Curcuma longa standardized to >95% curcuminoids. These ingredients are combined with piperine 6 mg in a tablet.

**Deccan's Curcumin C3 Complex Plus™ Nutrient Pills** Contains BioPerine (Black Pepper) to help increase the absorption of Curcumin.

Curcumin, an active ingredient of Turmeric comes with a lot of medicinal properties. It is rich in antioxidant properties which is essential to keep pathogens and germs in check and also the skin disorders, inflammation, bone & joint dysfunctions are said to be in check with the use of Deccan's Curcumin C3 Complex plus. Curcumin is a potent anti-inflammatory compound & effective in treating rheumatoid arthritis. Curcumin boosts brain-derived neurotrophic factor (BDNF) & can work as an anti depressant. Curcumin has become very popular as an anti-aging supplement.





# How to choose the right nutrient pills for yourself?

- 1. Get checked for possible deficiencies:** If you think that your diet lacks certain nutrients, get a blood test done for confirmation.
- 2. Know how much your body needs:** Recommended Daily Amount (RDA) is simply how much of each nutrient is needed each day for healthy adults.
- 3. Consider duration & frequency:** Experts say there's no harm in taking multivitamins every day.
- 4. Read the label for ingredients:** know what you are taking and in what amounts. If it is natural, it is safe. However, select as per your lifestyle requirements.
- 5. Check with your doctor if you are taking any medicines:** Some of the ayurvedic and nutritional supplements might interact and interfere with the action of modern medicines. Never quit your medicine course mid- way for continuing supplements.
- 6. Research on Supplements:** While certain supplements have proven to help, others may not have robust evidence to their usefulness. Read up to know more for their health benefits.



<b>Nutrient</b>	<b>What can a deficiency cause</b>
<b>Vitamin C</b>	Weakness, bleeding gums, frequent illness, defective bone growth.
<b>Vitamin D</b>	Weakness in muscles, pain in bones, joint deformities, excessive tiredness.  Causes immune disorder, frequent infections, worsening autoimmune diseases
<b>Vitamin E</b>	Loss of feeling in the arms and legs, muscle weakness, vision problems, weakened immune system
<b>Zinc</b>	Impaired immune function, loss of appetite, retarded growth of body.  Hair loss and impotence with severe deficiency.
<b>Omega 3, 6, 9</b>	Dry skin, brittle hair, and thin nails that peel and crack. Omega deficiency can cause rashes on the skin and dandruff as well. Fatigue and trouble sleeping.  Reduced activation of immune cells.
<b>Vitamin B</b>	Weakness, tiredness, or light headedness. Heart palpitations and shortness of breath. Nerve problems like numbness or tingling, muscle weakness, and problems walking.  Immune system disorders.
<b>Protein</b>	Skin, hair and nail problems. Loss of muscle mass. Increased risk of bone fractures. Bigger appetite and increased calorie intake.  Risk of infections.

Note: Doses in special populations like pregnancy and children will be different. Consult your doctor before taking any supplements.

Source: National Institute of Nutrition, Dietary Guidelines for Indians Note\_Dietary Allowance by FSSAI, dated February 27, 2019 Notice\_ICMR\_Report; Office of Dietary Supplements: Fact sheets



# Chew to Boost Immunity

## ZINC + VITAMIN C



www.beyoungstore.com

## ZINC

ZINC IS A TRACE MINERAL, MEANING THAT THE BODY ONLY NEEDS SMALL AMOUNTS, AND YET IT IS NECESSARY FOR ALMOST 100 ENZYMES TO CARRY OUT VITAL CHEMICAL REACTIONS. IT IS A MAJOR PLAYER IN THE CREATION OF DNA, GROWTH OF CELLS, BUILDING PROTEINS, HEALING DAMAGED TISSUE, AND SUPPORTING A HEALTHY IMMUNE SYSTEM.

### What is zinc and what does it do?

Zinc is a nutrient that people need to stay healthy. Zinc is found in cells throughout the body. It helps the immune system fight off invading bacteria and viruses. The body also needs zinc to make proteins and DNA, the genetic material in all cells. During pregnancy, infancy, and childhood, the body needs zinc to grow and develop properly. Zinc also helps wounds heal and is important for proper senses of taste and smell.

### Am I getting enough zinc?

Certain groups of people are more likely than others to have trouble getting enough zinc:

- **People who have digestive disorders**, such as ulcerative colitis. These conditions can both decrease the amount of zinc that the body absorbs and increase the amount lost in the urine.
- **Vegetarians** because they do not eat meat, which is a good source of zinc. Also, the beans and grains they typically eat have compounds that keep zinc from being fully absorbed by the body. For this reason, vegetarians might need to eat as much as 50% more zinc than the recommended amounts.
- **Older infants** who are breastfed because breast milk does not have enough zinc for infants over 6 months of age.
- **Alcoholics** because alcoholic beverages decrease the amount of zinc that the body absorbs and increase the amount lost in the urine.

# VITAMIN C

VITAMIN C, OR ASCORBIC ACID, IS A WATER-SOLUBLE VITAMIN. THIS MEANS THAT IT DISSOLVES IN WATER AND IS DELIVERED TO THE BODY'S TISSUES BUT IS NOT WELL STORED, SO IT MUST BE TAKEN DAILY THROUGH FOOD OR SUPPLEMENTS.

Vitamin C plays a role in controlling infections and healing wounds. It is needed to make collagen, a fibrous protein in connective tissue that is weaved throughout various systems in the body: nervous, immune, bone, cartilage, blood, and others. The vitamin helps make several hormones and chemical messengers used in the brain and nerves.

There is interest in the antioxidant role of vitamin C, as research has found the vitamin to neutralize harmful free radical molecules, which in excess can damage cells. Vitamin C is also involved in the body's immune system by stimulating the activity of white blood cells thereby improving immunity.

Vitamin C can be destroyed by heat and light. High-heat cooking temperatures or prolonged cook times can break down the vitamin. Because it is water-soluble, the vitamin can also seep into cooking liquid and be lost if the liquids are not eaten.

## What is its role in immunity?

- Regulates and supports the function of infection-fighting white blood cells.
- Replaces old immune cells with new ones.
- Acts as an antioxidant to protect against damage caused by the free radicals.

## Who can become deficient in Vitamin C?

- **People who smoke or passive smokers:** Smokers need 35 mg more vitamin C per day than nonsmokers.
- People who **eat a very limited variety of food.**
- **People with certain medical conditions:** Disorders of absorption, kidney disease requiring dialysis, some cancers, etc.
- **Babies under 1 year of age who are fed cow's milk instead of breast milk.** Cow milk already has very little vitamin C and boiling further reduces it.

Source: <https://ods.od.nih.gov/factsheets/VitaminC-Consumer/>







# WHY TAKE RISK?

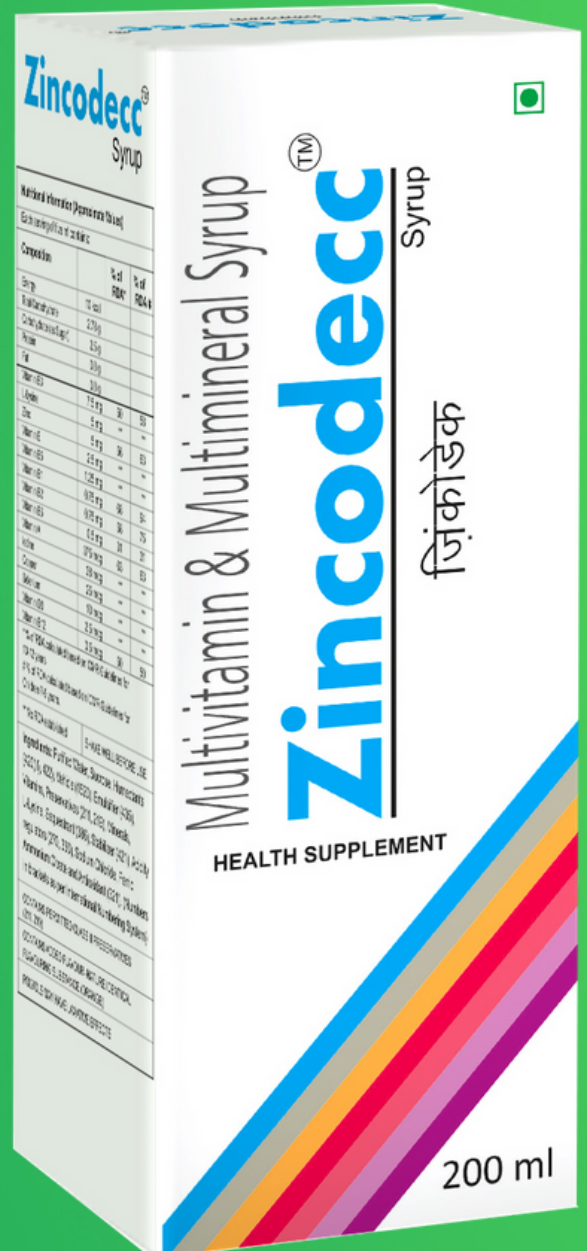
PROTECT, PREVENT AND STAY SAFE!

## DECCAN'S ZINCODECC TABLETS

Zincodecc Tablets is a unique combination of Multivitamins and Multi-minerals. This multi-mineral vitamin complex may be used for the prophylaxis of health and improvement of immunity. Whether you're working, travelling, or shopping, it's packed with the vitamins and minerals your diet needs. With the goodness of Vitamin B, Iodine helps control the body's metabolism. Why take risk? Most vegans and vegetarians are deficient in immunity boosting micronutrients as veg diets do not meet RDA. Zincodecc Veg Tablets for vegetarians to meet RDA of micronutrients and boost immunity.

## DECCAN'S ZINCODECC IMMUNITY TONIC

Why take risk ? Children are back to school and now at higher risk. Zincodecc Immunity Tonic helps meet RDA of micronutrients and boost immunity. Protect, Prevent and Stay Safe ! Syrup is easy to take format useful for those suffering from iron-deficiency and megaloblastic anemia, and vitamin B6 deficiency and also boosts metabolism, encourages general growth, and promotes overall health.





# Deccan's O3D3

UNIQUE BLEND OF PURE  
OMEGA 3 WITH ESSENTIAL  
VITAMIN D3

## What is its role in immunity?

- Enhances the function of immune cells
- Activates the immune system defenses
- May protect against respiratory infections in general.

O3D3™ Nutrient Pills , unique blend of pure Omega 3 with essential Vitamin D3, this product supplements Vitamin D3 and helps the body to stay fit and healthy.

Vitamin D3 is required for calcium absorption into the body. Omega 3, 6, 9 are called Essential Fatty Acids. Omega 3 helps in brain function and fights against Cardiovascular diseases.

Omega 6 helps alleviate symptoms of anxiety, arthritis and some forms of cancers. Omega 9 or monounsaturated Oleic Acid promotes heart health, by providing balanced cholesterol levels and improves immune function. Omega 3 nutrients along with Vitamin D3, providing nutritional support for women and men.

Research shows that having healthy levels of vitamin D can help keep your immune system healthy. According to American Federation for Medical Research, Deficiency in vitamin D is associated with increased autoimmunity and an increased susceptibility to infection.



# Deccan's Oxyflax® Global

EXCELLENT VEGETRIAN  
NATURAL SOURCE OF ALPHA  
LINOLENIC ACID (ALA)  
WHICH IS AN OMEGA-3  
FATTY ACID.

Essential Fatty Acids are considered essential as they cannot be made by the body, Omega-3 fatty acids have to be consumed with the diet. With Alpha Linolenic acid, a rich source of Omega 3 fatty acids, Oxyflax® Global Food Pills is a better way to source nutrients to our body naturally. Alpha Linolenic Acid (ALA) contributes to the maintenance of normal blood cholesterol levels. These are necessary for the growth and development, and help meet the nutritional demands of the body. Oleic Acid, a compound present in Oxyflax® Global Nutrient Pills helps restore and fuel metabolism. ALA Omega 3 for Holistic Health and Wellness of Mind, Heart and whole Body. We know that regular intake of healthy fats is important for heart health and Oxyflax® Global Nutrient Pills has made it easy with their omega powered nutrient pill, which enable you meet RDA of essential Omega 3 every day.

- Forms a vital part of cell membranes
- Improves heart health
- Promotes brain health
- Shown to reduce cardiovascular disease risk
- Supports health weight management
- Shown to reduce nerve pain
- For healthy skin and hair





# Deccan's Oxyflax™ ISB Nutrient Pills

CONTAIN EFFECTIVE IMMUNITY BOOSTERS THAT HELP FIGHT AGAINST BACTERIA AND VIRUSES THAT REDUCE THE RBC OR HEMOGLOBIN. CONTAINING COLOSTRUM WHICH IS THE NOURISHING FLUID PRODUCED BY MAMMALS AS FOOD FOR THE NEW BORN IN THE FEW DAYS AFTER BIRTH, BEFORE MILK PRODUCTION BEGINS. THIS NUTRIENT PILL OFFERS A VARIETY OF ACTIVE INGREDIENTS AND NUTRIENTS, FOR A HEALTHY IMMUNE SYSTEM AND VITALITY. SCIENTIFIC STUDIES HAVE SHOWN THAT COLOSTRUM MAY HELP TO ENHANCE BIOAVAILABILITY AND ABSORPTION OF NUTRIENTS INTO THE BODY WHILE PROMOTING HEALTHY GASTROINTESTINAL FUNCTION.



# DECCAN'S FightInfection Nutrient Pills

Deccan's FightInfection Nutrient Pills contains active ingredients "Moringa oleifera" leaves and seeds, tested in research laboratories and proven effectiveness against infections.

World Health Organization has recommended the use of Moringa oleifera leaf powder to malnourished children and women for increased immunity and nutrition.

Scientifically tested formula, containing proven ingredients, which can provide immune support and fight infection to help keep you healthy all year round. Curcumin and Piperine is the powerhouse of anti-infective properties and helps reverse cognitive decline , protects against stress and depression.

- Curcumin : fights infections and protects the body
- Piperine : makeup of your gut bacteria has been linked to immune function, mood, chronic diseases
- Moringa : have antioxidant and anti-inflammatory effects and protect against arsenic toxicity



## What is its role in immunity?

- Acts as an antioxidant to protect body cells from the free radicals
- Increases the percentage of infection-fighting T-cells in body
- Helps body cells better interact within themselves

Remember,  
there is no  
substitute to  
a healthy  
lifestyle for  
boosting  
immunity  
**AND**  
**KEEPING IT**  
**INTACT.**

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Product prices and availability are subject to change. Not valid on previous orders. These statements have not been evaluated by the Food and Drug Administration. These products are not intended to diagnose, treat, cure, or prevent any disease. Please consult your healthcare provider if you are suffering from any known disease, or are pregnant, or are concerned to know more before you consume these products as company does not take responsibility of any consequences mild or severe.





Deccan  
Healthcare  
Limited

StayWoW

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