



Minicare - Nutrition from Puberty to Menopause





What is Minicare?

**Minicare is Minumlistic Care
(Minimum Essential Care Required)**
Scientifically formulated, Innovative
and Intelligent all round nutrition for
girls, supports female health from
Puberty to Motherhood and
Menopause!!

Achieve your daily required
amount of nourishment with
Minicare



About Minicare

- Minicare™ Food Pills is the original vitamin developed just for girls and has been formulated for the demands of modern life, because most of us would like a little extra support.
- Minicare™ Food Pills, is an innovation to help enhance women's fertility and reduce complications during pregnancy.
- Women embrace an unique physical and biological journey throughout life.
- This journey contributes to significant physiological, emotional, and neuro endocrine adaptations.
- Combining a healthy diet and a lifestyle with appropriate nutrients supports the areas of health which are of most relevance to women.



About Minicare



- Minicare™ Food Pills containing balanced micronutrients for all-round nutritional support such as vitamin B, Vitamin A, Vitamin C, iron, zinc and biotin, help to maintain normal energy release, female health, immunity, skin, hair and nails, reduce tiredness and fatigue.
- The scientifically balanced formula even includes folic acid recommended for women during the initial stages of pregnancy, because women of child-bearing age sometimes need nutritional support before they even know they are pregnant.
- Providing essential nutrients backed by nutritional science to bring you the most complete food pills for girls.



For a Healthy You!!





Minicare for Puberty

- Adolescence is a phase when relationships with peers slowly replace the relationship with parents.
- As your daughter grows and moves beyond her latency age years, it is normal for daughters to believe that their mother cannot possibly understand her or how she is feeling.
- But with Minicare you can assure her that you understand her and phase of life she is going through.
- With 1 pill a day you can make sure that all her nutrition needs are met and she is healthy in her growth years



Relieves the
symptoms of
premenstrual
syndrome
(PMS)



Fights
Micronutrient
deficiencies

Minicare in College

You want to be the prettiest without any skin & hair problems. Being away from home you feel depressed and stress & anxiety takes over.

How wil Minicare help? Take a look...





Contributes to
the regulation of
hormonal
activity

No Acne!!



Relieves anxiety
and stress



maintains
normal
vision

*Minicare is a Biochemists formula
of 24 Catalytic nutrients that
Boost Body's Process*

Minicare prevents & fights the "DIS" and brings:



COMFORT



ORDER



EASE



MAKES YOU
ABLE



with Minicare

Started working ?

Late night parties/outings ?

using contraceptives ?


Skin & hair not behaving well ?

Not eating healthy?

Minicare is the answer to all your doubts & problems. take a look...



Contributes to
normal
collagen
formation for
the normal
function of
skin



1 pill a day of
Minicare gives the
daily requirement
of micro-nutrients



For Beautiful, long,
strong, lustrous
hair

A young woman with long dark hair, wearing a white sleeveless dress, is smiling and looking upwards in a bright, green field. She is holding a large bouquet of yellow flowers. A small yellow flower is tucked into her hair. The background is a soft-focus green field under a bright sky. A pink horizontal bar is visible in the top left corner.

*30 lacs
Servings Sold*

*A decade of Serving the
young girls, Health!!*



*Using oral
Contraceptives?*

*Minicare gives all the vital nutrients
lost due to the usage of oral
contraceptives.*



*Trying to
conceive?*

Minicare gives all the vital nutrients for the healthy function of a women body and the MiCro-nutrients needed for healthy conception



**Pregnant?
Start Minicare
today...Why??
Read it on...**

Supports and provides the necessary nutrients and vitamins during pregnancy and lactation




Fights Iron
Deficiency!!

Contributes to the
normal formation of
red blood cells and
hemoglobin

Have you returned
to work as a
mother??

Job and kids make you tired?
take 1 pill of Minicare a day for
an energetic and healthy you!!

A woman with short blonde hair, wearing a light blue short-sleeved button-down shirt, is sitting in a field of tall grass. She is smiling broadly, resting her chin on her right hand. The background is a soft-focus landscape with green trees and a bright sky. The overall mood is positive and serene.

**Mood swings,
irritability?? its pre-
Menopause...**

**Enter your Menopausal phase with a
smile and 1 pill of Minicare a day!!
Minicare will help you fight all your
pre-Menopausal symptoms**



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