

Be Young Bharat

Mission

mission

Be Young

RAHO JAWAN

Be Young

Raho JAWAN

HOW LONG/ KAB TAK ?

40 > 50 > 60 > 70.....YA AUR

Be Young

Raho JAWAN

DELAY AGEING ?

HAIR BRAIN EYES FACE EARS

TEETH LUNGS STOMACH LIVER

KIDNEY BONES JOINTS SKIN

HEART SEX MUSCLE ENERGY

EVERY CELL * TISSUE * ORGAN

IS AFFECTED IN AGEING

**KEEP EVERY
CELL > TISSUE > ORGAN
FIT & HEALTHY**

**DELAY AGEING
BE YOUNG**

30 > 40 > 50 > 60 > 70 ... + + +

POSITIVE THINKING

EXERCISE

MEDITATION

GRATITUDE

SLEEP

LOVE

NUTRITION

**DELAY AGEING EAT NUTRIENT DENSE FOOD
FOOD SUPPLEMENTS / NUTRACEUTICALS**

DELAY AGEING – BE YOUNG

WITH

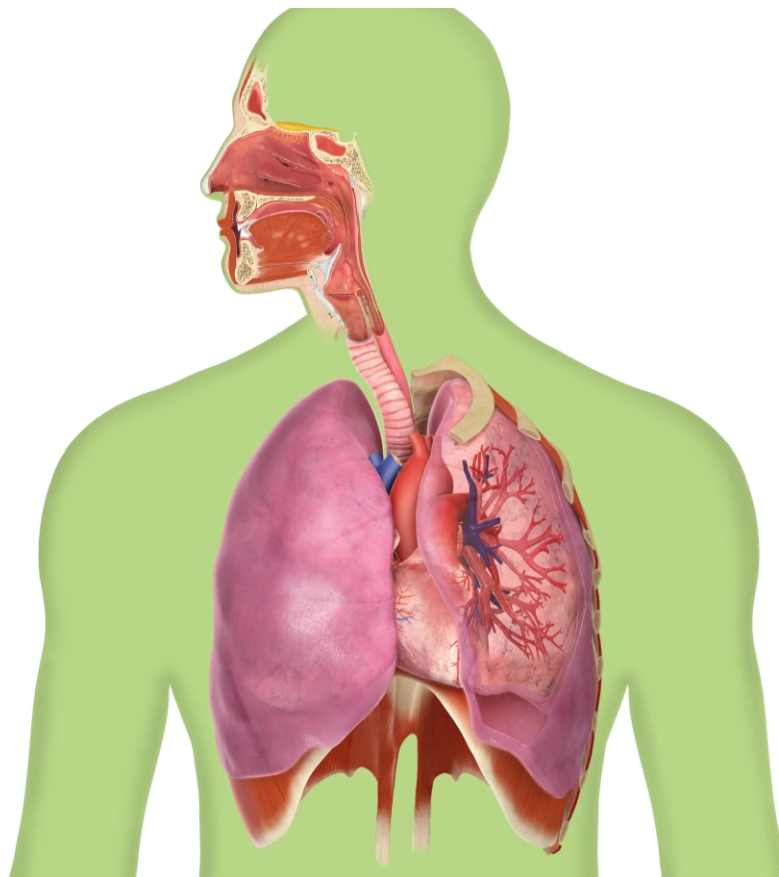
CELL > TISSUE > ORGAN

SPECIFIC

NUTRITION

An anatomical illustration of a human torso, focusing on the ribcage and lungs. The ribcage is rendered in a translucent blue color, while the lungs are shown in a vibrant red color. The background is dark, making the anatomical structures stand out. The text "KEEP LUNGS FIT & HEALTHY" is overlaid in the center in a bold, yellow, sans-serif font.

**KEEP LUNGS
FIT & HEALTHY**



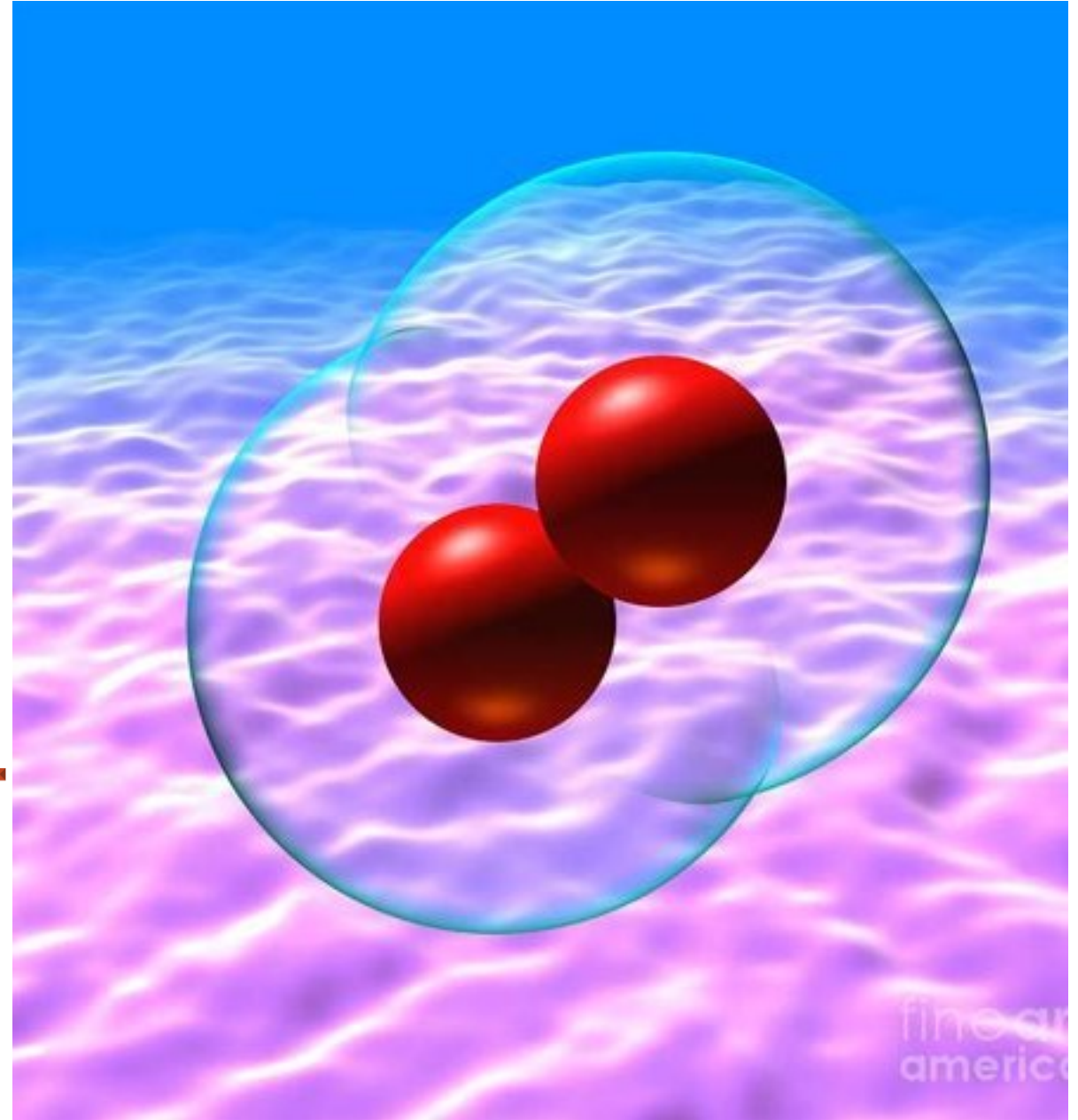
WHY LUNGS ARE IMPORTANT?

- **LUNGS USED FOR BREATHING AIR**
- **PROVIDING NUTRIENT OXYGEN**

LUNGS GIVE NUTRIENT OXYGEN

- NUTRIENT OXYGEN IS LIFE
- TO BE YOUNG YOU NEED FIT LUNGS
- FIT LUNGS FOR MAXIMUM OXYGEN

**SHORTAGE OF NUTRIENT
OXYGEN CAN CAUSE
DISEASES & DEATH**



LUNGS GIVE NUTRIENT OXYGEN

WHEN BODY CELLS NEED NUTRIENT OXYGEN, THEY MAKE THE LUNGS
WORK

WHEN MORE OXYGEN REQUIRED
LUNGS HAVE TO WORK MORE

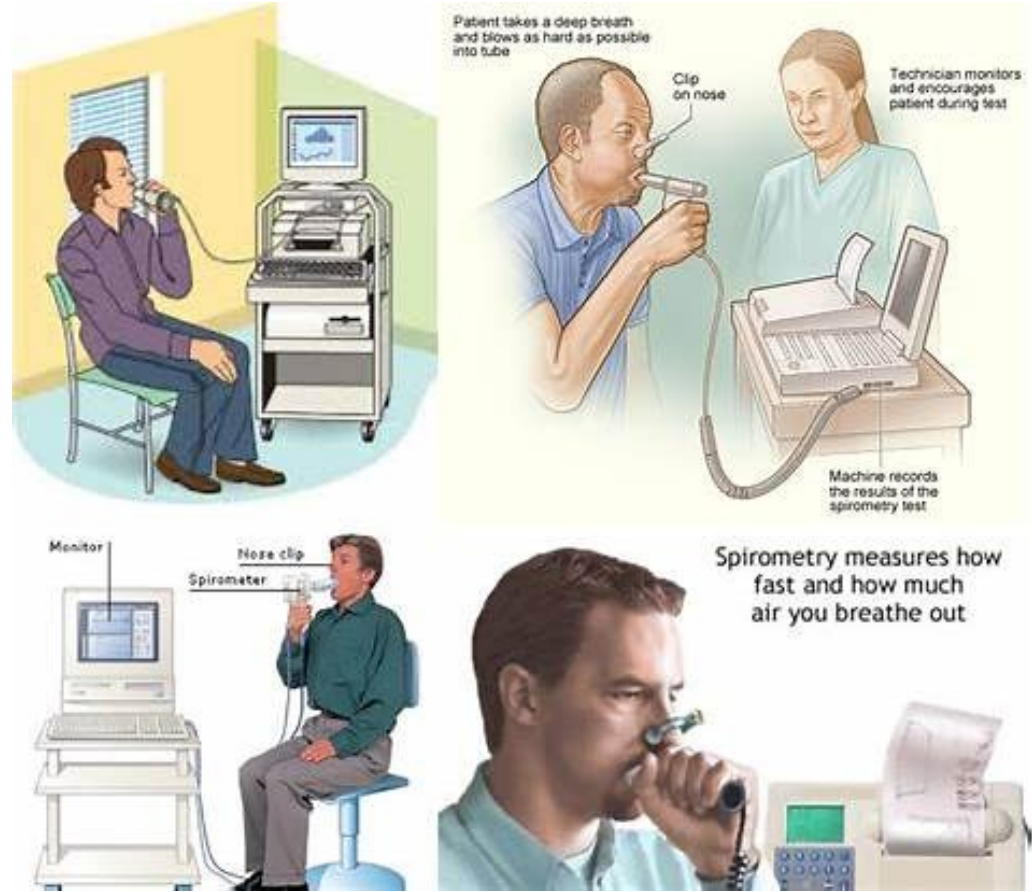
**KEEP LUNGS FIT &
HEALTHY**

**14
NUTRIENTS
AT YOUR
SERVICE**

**FEEL THE EASE OF
BREATHING IN & OUT**

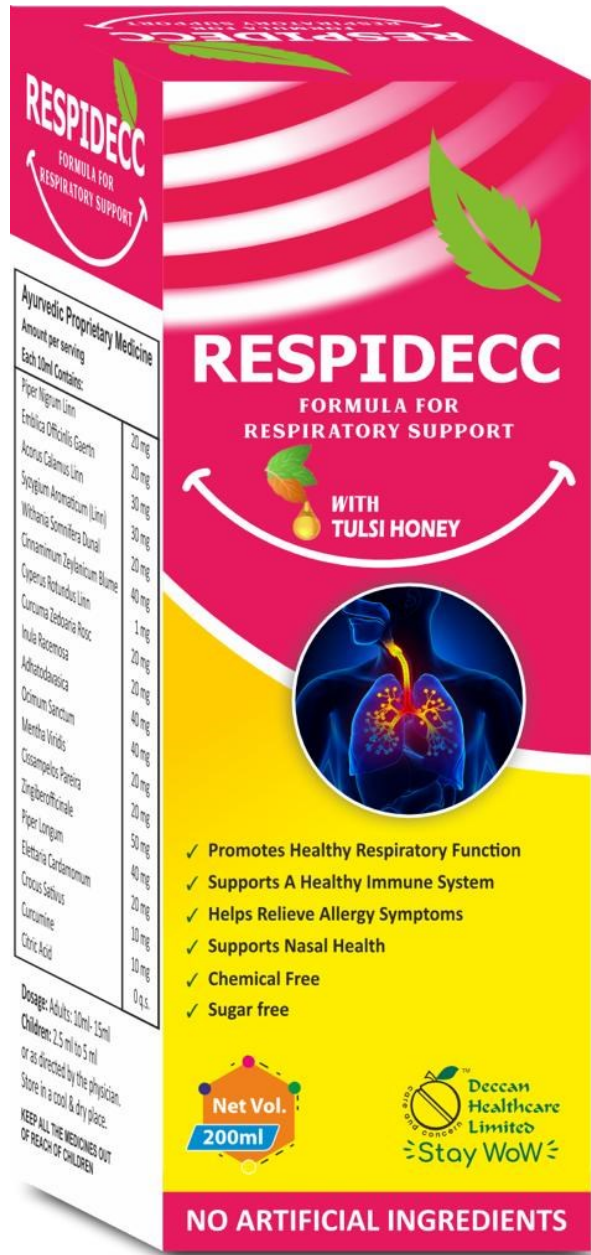
- RESPIDECC SERVICE -
Comfort | Ease | Enhancement |
Life | Energy | Nutrition

For enquiry contact on www.beyoungstore.com



LUNG FUNCTION TEST

TO CHECK FITNESS OF LUNGS
TO CHECK HOW MUCH OXYGEN
LUNGS GIVE TO BLOOD



RESPIDECC

**RESPIDECC
PROVIDES
NUTRIENTS FOR
FIT & HEALTHY
LUNGS**

INGREDIENTS OF RESPIDECC AND THEIR SYNERGISTIC ROLE IN KEEPING LUNGS FIT AND HEALTHY

| INGREDIENTS NAME | Claim | Uses & Effect on Body of these Ingredients |
|-----------------------------|-------|---|
| Piper Nigrum Linn | 20 mg | Uses & Effect on Body of these Ingredients 1. Digestive Health: Stimulates the production of digestive enzymes, aiding in digestion and alleviating digestive discomfort. 2. Antioxidant Properties: Rich in antioxidants that help neutralize free radicals and reduce oxidative stress in the body. 3. Anti-inflammatory Effects: It has anti-inflammatory properties that help reduce inflammation and alleviate respiratory issues in the body. 4. Anticancer Properties: It has anticancer properties that help inhibit tumor growth and reduce oxidative stress in the body. 5. Respiratory Health: In traditional medicine, black pepper has been used to alleviate respiratory issues and congestion. |
| Emblica Officinalis Gaertn | 20 mg | Emblica officinalis Gaertn , commonly known as Indian gooseberry or amla. Medicinal uses of Emblica Officinalis Gaertn:- 1. Antioxidant Properties: It is rich in antioxidants that help neutralize free radicals and reduce oxidative stress in the body. 2. Anti-inflammatory Effects: It has anti-inflammatory properties that help reduce inflammation and alleviate respiratory issues in the body. 3. Anticancer Properties: It has anticancer properties that help inhibit tumor growth and reduce oxidative stress in the body. 4. Diabetic Health: It is used as an oral medicine and may help reduce blood sugar levels. 5. Cardiovascular Health: It helps in cholesterol levels and improves blood vessel function. 6. Diabetes Management: It may help manage diabetes by lowering blood sugar levels and improving insulin sensitivity. 7. Anti-inflammatory Effects: Amla contains anti-inflammatory compounds that may help reduce inflammation and associated symptoms. |
| Acorus Calamus Linn | 30 mg | Acorus calamus Linn , commonly known as sweet flag or calamus. Medicinal uses of Acorus Calamus Linn:- 1. Digestive Aid: Acorus calamus has been traditionally used to alleviate indigestion, bloating, and flatulence. 2. Anticancer Properties: It has anticancer properties that help inhibit tumor growth and reduce oxidative stress in the body. 3. Antioxidant Properties: It is rich in antioxidants that help neutralize free radicals and reduce oxidative stress in the body. 4. Anti-inflammatory Effects: It has anti-inflammatory properties that help reduce inflammation and alleviate respiratory issues in the body. 5. Anticancer Properties: It has anticancer properties that help inhibit tumor growth and reduce oxidative stress in the body. 6. Anticancer Properties: It has anticancer properties that help inhibit tumor growth and reduce oxidative stress in the body. 7. Anticancer Properties: It has anticancer properties that help inhibit tumor growth and reduce oxidative stress in the body. |
| Syzygium Aromaticum (Linn) | 30 mg | Syzygium aromaticum , commonly known as clove. Medicinal uses of Syzygium Aromaticum (Linn):- 1. Antioxidant Properties: It is rich in antioxidants that help neutralize free radicals and reduce oxidative stress in the body. 2. Anti-inflammatory Effects: It has anti-inflammatory properties that help reduce inflammation and alleviate respiratory issues in the body. 3. Anticancer Properties: It has anticancer properties that help inhibit tumor growth and reduce oxidative stress in the body. 4. Anticancer Properties: It has anticancer properties that help inhibit tumor growth and reduce oxidative stress in the body. 5. Anticancer Properties: It has anticancer properties that help inhibit tumor growth and reduce oxidative stress in the body. 6. Anticancer Properties: It has anticancer properties that help inhibit tumor growth and reduce oxidative stress in the body. 7. Anticancer Properties: It has anticancer properties that help inhibit tumor growth and reduce oxidative stress in the body. |
| Withania Somnifera Dunal | 20 mg | Withania somnifera Dunal , commonly known as Ashwagandha. Medicinal uses of Withania Somnifera Dunal:- 1. Stress Reduction: It helps reduce stress and anxiety levels by regulating cortisol, the stress hormone. 2. Anti-inflammatory Effects: It has anti-inflammatory properties that help reduce inflammation and alleviate respiratory issues in the body. 3. Anticancer Properties: It has anticancer properties that help inhibit tumor growth and reduce oxidative stress in the body. 4. Anticancer Properties: It has anticancer properties that help inhibit tumor growth and reduce oxidative stress in the body. 5. Anticancer Properties: It has anticancer properties that help inhibit tumor growth and reduce oxidative stress in the body. 6. Anticancer Properties: It has anticancer properties that help inhibit tumor growth and reduce oxidative stress in the body. 7. Anticancer Properties: It has anticancer properties that help inhibit tumor growth and reduce oxidative stress in the body. |
| Cinnamomum Zeylanicum Blume | 40 mg | Cinnamomum zeylanicum Blume , commonly known as Ceylon cinnamon or true cinnamon. Medicinal uses of Cinnamomum Zeylanicum Blume:- 1. Antioxidant Properties: It is rich in antioxidants that help neutralize free radicals and reduce oxidative stress in the body. 2. Anti-inflammatory Effects: It has anti-inflammatory properties that help reduce inflammation and alleviate respiratory issues in the body. 3. Anticancer Properties: It has anticancer properties that help inhibit tumor growth and reduce oxidative stress in the body. 4. Anticancer Properties: It has anticancer properties that help inhibit tumor growth and reduce oxidative stress in the body. 5. Anticancer Properties: It has anticancer properties that help inhibit tumor growth and reduce oxidative stress in the body. 6. Anticancer Properties: It has anticancer properties that help inhibit tumor growth and reduce oxidative stress in the body. 7. Anticancer Properties: It has anticancer properties that help inhibit tumor growth and reduce oxidative stress in the body. |
| Cyperus Rotundus Linn | 1mg | Cyperus rotundus Linn , commonly known as nutmeg. Medicinal uses of Cyperus Rotundus Linn:- 1. Anti-inflammatory Properties: Extracts from Cyperus rotundus have shown anti-inflammatory effects on some studies, which may be beneficial for certain inflammatory conditions. 2. Anticancer Properties: It has anticancer properties that help inhibit tumor growth and reduce oxidative stress in the body. 3. Anticancer Properties: It has anticancer properties that help inhibit tumor growth and reduce oxidative stress in the body. 4. Anticancer Properties: It has anticancer properties that help inhibit tumor growth and reduce oxidative stress in the body. 5. Anticancer Properties: It has anticancer properties that help inhibit tumor growth and reduce oxidative stress in the body. 6. Anticancer Properties: It has anticancer properties that help inhibit tumor growth and reduce oxidative stress in the body. 7. Anticancer Properties: It has anticancer properties that help inhibit tumor growth and reduce oxidative stress in the body. |
| Curcuma Zedoaria Rose | 20 mg | Curcuma zedoaria Rose , commonly known as white turmeric. Medicinal uses of Curcuma Zedoaria Rose:- 1. Anti-inflammatory Properties: Zedoary contains compounds with anti-inflammatory effects, which may help reduce inflammation and associated symptoms. 2. Digestive Health: It has been traditionally used to aid digestion, alleviate digestive discomfort, and improve overall gastrointestinal health. 3. Anticancer Properties: It has anticancer properties that help inhibit tumor growth and reduce oxidative stress in the body. 4. Anticancer Properties: It has anticancer properties that help inhibit tumor growth and reduce oxidative stress in the body. 5. Anticancer Properties: It has anticancer properties that help inhibit tumor growth and reduce oxidative stress in the body. 6. Anticancer Properties: It has anticancer properties that help inhibit tumor growth and reduce oxidative stress in the body. 7. Anticancer Properties: It has anticancer properties that help inhibit tumor growth and reduce oxidative stress in the body. |
| Inula Racemosa | 20 mg | Inula racemosa , commonly known as Indian elecampane or eleuthero. Medicinal uses of Inula Racemosa:- 1. Respiratory Health: It helps to reduce congestion and promote the expulsion of mucus from the respiratory tract. It is used in remedies for coughs, bronchitis, and asthma. 2. Anticancer Activity: It is used in traditional medicine to combat various infections caused by bacteria and fungi. 3. Anti-inflammatory Effects: It is believed to have anti-inflammatory properties that help reduce inflammation and alleviate respiratory issues in the body. 4. Diabetes Management: It is believed to help regulate blood sugar levels and improve insulin sensitivity. 5. Anticancer Properties: It has anticancer properties that help inhibit tumor growth and reduce oxidative stress in the body. 6. Anticancer Properties: It has anticancer properties that help inhibit tumor growth and reduce oxidative stress in the body. 7. Anticancer Properties: It has anticancer properties that help inhibit tumor growth and reduce oxidative stress in the body. |
| Adhatodavatica | 40 mg | Adhatodavatica , commonly known as Yashee or Malabar nut. Medicinal uses of Adhatodavatica:- 1. Respiratory Health: It is used to treat respiratory issues such as coughs, bronchitis, asthma, and other respiratory infections. It helps to loosen mucus and open up the airways. 2. Anticancer Activity: It is used in traditional medicine to combat various infections caused by bacteria and fungi. 3. Anti-inflammatory Effects: It is believed to have anti-inflammatory properties that help reduce inflammation and alleviate respiratory issues in the body. 4. Anticancer Properties: It has anticancer properties that help inhibit tumor growth and reduce oxidative stress in the body. 5. Anticancer Properties: It has anticancer properties that help inhibit tumor growth and reduce oxidative stress in the body. 6. Anticancer Properties: It has anticancer properties that help inhibit tumor growth and reduce oxidative stress in the body. 7. Anticancer Properties: It has anticancer properties that help inhibit tumor growth and reduce oxidative stress in the body. |
| Ocimum Sanctum | 40 mg | Ocimum sanctum , commonly known as Tulsi. Medicinal uses of Ocimum Sanctum:- 1. Respiratory Health: It is commonly used to alleviate respiratory issues such as coughs, colds, bronchitis, and asthma. It helps to loosen mucus and clear the airways. 2. Anticancer Activity: It is used in traditional medicine to combat various infections caused by bacteria and fungi. 3. Anti-inflammatory Effects: It is believed to have anti-inflammatory properties that help reduce inflammation and alleviate respiratory issues in the body. 4. Anticancer Properties: It has anticancer properties that help inhibit tumor growth and reduce oxidative stress in the body. 5. Anticancer Properties: It has anticancer properties that help inhibit tumor growth and reduce oxidative stress in the body. 6. Anticancer Properties: It has anticancer properties that help inhibit tumor growth and reduce oxidative stress in the body. 7. Anticancer Properties: It has anticancer properties that help inhibit tumor growth and reduce oxidative stress in the body. |
| Mentha Viridis | 20 mg | Mentha viridis , commonly known as spearmint. Medicinal uses of Mentha Viridis:- 1. Digestive Aid: It can help relieve indigestion, bloating, and gas due to its carminative properties, which help to soothe the digestive tract. 2. Respiratory Health: It is used in traditional medicine to alleviate respiratory issues such as coughs, colds, bronchitis, and asthma. It helps to loosen mucus and clear the airways. 3. Anticancer Activity: It is used in traditional medicine to combat various infections caused by bacteria and fungi. 4. Anticancer Properties: It has anticancer properties that help inhibit tumor growth and reduce oxidative stress in the body. 5. Anticancer Properties: It has anticancer properties that help inhibit tumor growth and reduce oxidative stress in the body. 6. Anticancer Properties: It has anticancer properties that help inhibit tumor growth and reduce oxidative stress in the body. 7. Anticancer Properties: It has anticancer properties that help inhibit tumor growth and reduce oxidative stress in the body. |
| Cissampelos Pareira | 20 mg | Cissampelos pareira , commonly known as walnut. Medicinal uses of Cissampelos Pareira:- 1. Anticancer Properties: It has anticancer properties that help inhibit tumor growth and reduce oxidative stress in the body. 2. Anticancer Properties: It has anticancer properties that help inhibit tumor growth and reduce oxidative stress in the body. 3. Anticancer Properties: It has anticancer properties that help inhibit tumor growth and reduce oxidative stress in the body. 4. Anticancer Properties: It has anticancer properties that help inhibit tumor growth and reduce oxidative stress in the body. 5. Anticancer Properties: It has anticancer properties that help inhibit tumor growth and reduce oxidative stress in the body. 6. Anticancer Properties: It has anticancer properties that help inhibit tumor growth and reduce oxidative stress in the body. 7. Anticancer Properties: It has anticancer properties that help inhibit tumor growth and reduce oxidative stress in the body. |
| Zingiber Officinale | 50 mg | Zingiber officinale , commonly known as ginger. Medicinal uses of Zingiber Officinale:- 1. Digestive Aid: It can help relieve nausea, vomiting, and indigestion. It is commonly used to relieve motion sickness and morning sickness during pregnancy. 2. Anti-inflammatory Effects: It may help reduce inflammation and pain associated with arthritis and muscle aches. 3. Respiratory Health: It is used in traditional medicine to alleviate respiratory issues such as coughs, colds, bronchitis, and asthma. It helps to loosen mucus and clear the airways. 4. Anticancer Activity: It is used in traditional medicine to combat various infections caused by bacteria and fungi. 5. Anticancer Properties: It has anticancer properties that help inhibit tumor growth and reduce oxidative stress in the body. 6. Anticancer Properties: It has anticancer properties that help inhibit tumor growth and reduce oxidative stress in the body. 7. Anticancer Properties: It has anticancer properties that help inhibit tumor growth and reduce oxidative stress in the body. |
| Piper Longum | 40 mg | Piper longum , commonly known as long pepper. Medicinal uses of Piper Longum:- 1. Respiratory Health: It is used in Ayurveda to support respiratory health and address certain gastrointestinal issues. 2. Anticancer Activity: The plant contains antioxidants that help neutralize free radicals and reduce oxidative stress in the body. 3. Anticancer Properties: It has anticancer properties that help inhibit tumor growth and reduce oxidative stress in the body. 4. Anticancer Properties: It has anticancer properties that help inhibit tumor growth and reduce oxidative stress in the body. 5. Anticancer Properties: It has anticancer properties that help inhibit tumor growth and reduce oxidative stress in the body. 6. Anticancer Properties: It has anticancer properties that help inhibit tumor growth and reduce oxidative stress in the body. 7. Anticancer Properties: It has anticancer properties that help inhibit tumor growth and reduce oxidative stress in the body. |
| Elettaria Cardamomum | 20 mg | Elettaria cardamomum , commonly known as cardamom. Medicinal uses of Elettaria Cardamomum:- 1. Respiratory Health: Cardamom has expectorant properties, making it useful for alleviating respiratory issues like coughs and congestion. 2. Anticancer Properties: Cardamom contains antioxidants that help neutralize free radicals and reduce oxidative stress in the body. 3. Anticancer Properties: It has anticancer properties that help inhibit tumor growth and reduce oxidative stress in the body. 4. Anticancer Properties: It has anticancer properties that help inhibit tumor growth and reduce oxidative stress in the body. 5. Anticancer Properties: It has anticancer properties that help inhibit tumor growth and reduce oxidative stress in the body. 6. Anticancer Properties: It has anticancer properties that help inhibit tumor growth and reduce oxidative stress in the body. 7. Anticancer Properties: It has anticancer properties that help inhibit tumor growth and reduce oxidative stress in the body. |
| Crocus Sativus | 10 mg | Crocus sativus , commonly known as saffron. Medicinal uses of Crocus Sativus:- 1. Anti-inflammatory Effects: Saffron contains compounds with anti-inflammatory properties, which may help reduce inflammation and associated symptoms. 2. Anticancer Properties: It has anticancer properties that help inhibit tumor growth and reduce oxidative stress in the body. 3. Anticancer Properties: It has anticancer properties that help inhibit tumor growth and reduce oxidative stress in the body. 4. Anticancer Properties: It has anticancer properties that help inhibit tumor growth and reduce oxidative stress in the body. 5. Anticancer Properties: It has anticancer properties that help inhibit tumor growth and reduce oxidative stress in the body. 6. Anticancer Properties: It has anticancer properties that help inhibit tumor growth and reduce oxidative stress in the body. 7. Anticancer Properties: It has anticancer properties that help inhibit tumor growth and reduce oxidative stress in the body. |

Ayurvedic Proprietary Medicine
Amount per serving
Each 10ml Contains:

- Piper Nigrum Linn 20 mg
- Emblica Officinalis Gaertn 20 mg
- Acorus Calamus Linn 30 mg
- Syzygium Aromaticum (Linn) 30 mg
- Withania Somnifera Dunal 20 mg
- Cinnamomum Zeylanicum Blume 40 mg
- Cyperus Rotundus Linn 1 mg
- Crocus Sativus 10 mg
- Curcuma Zedoaria Rose 20 mg
- Inula Racemosa 20 mg
- Adhatodavatica 40 mg
- Ocimum Sanctum 40 mg
- Mentha Viridis 20 mg
- Cissampelos Pareira 20 mg
- Zingiberofficinale 50 mg
- Piper Longum 40 mg
- Elettaria Cardamomum 20 mg
- Crocus Sativus 10 mg
- Curcumin 10 mg
- Citric Acid 0.5 g

Dosage: Adults: 10ml- 15ml
Children: 2.5 ml to 5 ml as directed by the physician.
Store in a cool & dry place.

For your protection do not accept & use the product if seal is broken or tampered or missing

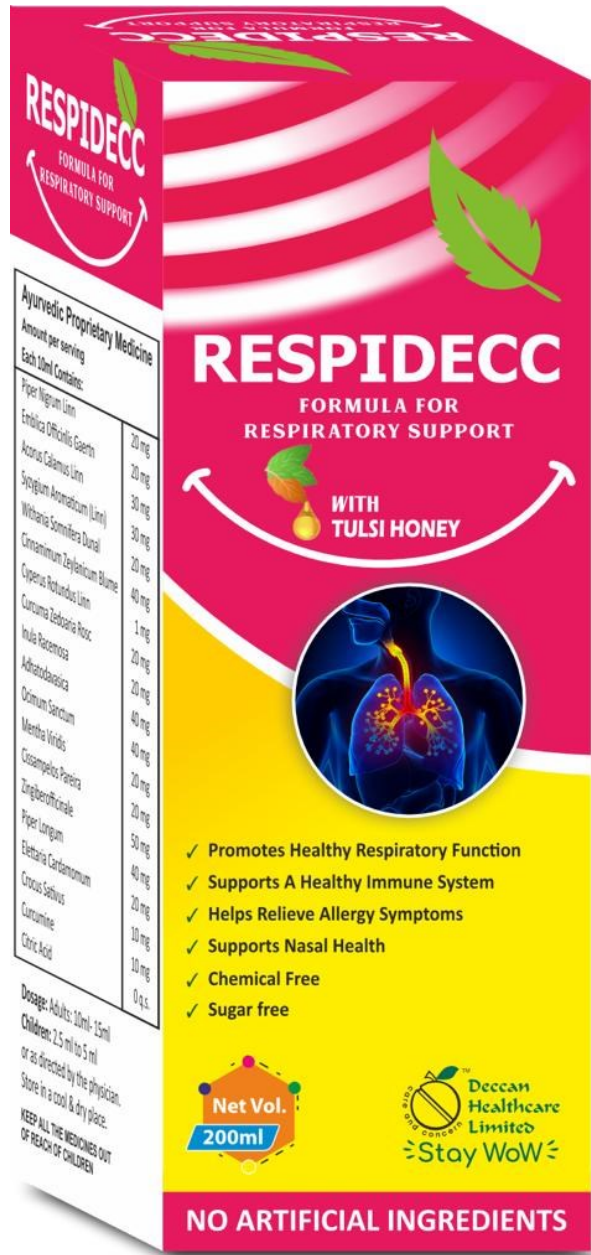
Precaution - Pregnant Women and Kids under the age of 3 years not to consume.
SHAKE WELL BEFORE USE
Mfg. Lic No. : U.K. / 319/2015

Batch No. [Redacted]
Mfg. Date [Redacted]
Expiry on [Redacted]
M.R.P. ₹ [Redacted]
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शुद्ध 100%
(inclusive of all taxes)
नेट वजन 100ml
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E-mail: info@deccanhealthcare.in

Storage: Keep in cool dry place, protected from direct sunlight, keep bottle tightly closed, keep out of reach of children, protect contents from moisture, consume within 30-45 days after opening.

RD-001-L



RESPIDECC

**RAHO JAWAN
BE YOUNG
KEEP LUNGS
FIT & HEALTHY**

